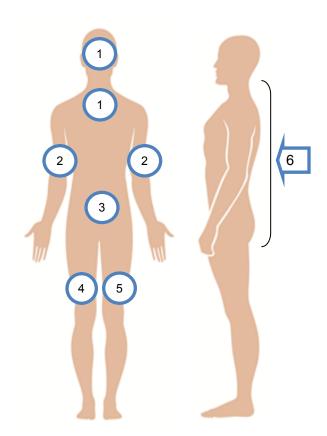
## Prevent infections during the hospital stay

# **BATHE** daily with Chlorhexidine (CHG) soap



While in the hospital, bathe patients every day with a special antiseptic soap (CHG) to help remove germs and prevent infection.

6 cloths should be applied as below:



**Caution: Avoid eyes and ear canals.** 

## **Encourage CHG shower or bath**

#### **Reminders**

- Your enthusiasm is the greatest predictor of patients wanting to use CHG
- Encourage bathing every day. Starting on admission is ideal, before IVs, lines, urinary catheters, and procedures/surgery.
- Patients need direction on how to apply correctly and thoroughly
- Help clean 6 inches of lines, drains, tubes
- CHG is better than soap and water in removing germs and works for 24 hours
- CHG is safe to use on surface wounds, rashes and burns and removes germs
- Allow to air dry for best effect

## Clean all skin areas with special attention to:

- Neck
- All skin folds
- Skin around all devices (line/tube/drain)
- Wounds unless deep or large
- Armpit, groin, between fingers/toes

## Protect your patients every day

### **SHOWERING with CHG soap**

- 1. Rinse body with warm water
- 2. Wash hair and face with CHG
- 3. Turn off the water and lather washcloth with plenty of CHG soap
- 4. Lather and massage soap in all 6 areas
- 5. Leave soap for 2 minutes before rinsing

#### **BATHING with CHG cloths**

- 1. Patients need instruction that these cloths are their protective bath
- 2. Use all 6 cloths. More, if needed.
- 3. **Firmly massage** to clean skin. CHG will kill germs for 24 hours if applied well.
- 4. Clean over semi-permeable dressings
- 5. Clean 6 inches of lines, tubes and drains
- 6. Use only compatible lotions.
- 7. Dispose of CHG cloths in a regular trash bin. Do not flush in commode.



